**5 Day Study Plan**

**Instructions:**

1. Divide the material that will be on your exam into three equal portions. The three portions should be arranged based on how confident you are with the material and how much review time you will need. Day 1 will be your preparation day and consist of three parts (more instructions in the next section). Day 2 should include the most difficult material; Day 3 should include moderately difficult material; and, Day 4 the material in which you feel most confident. Under the “Test Topics” section, list the topics to be reviewed on Day 2, 3, and 4.
2. Before you begin reviewing for your exam, it is important to gather your materials and get organized. Day 1 will be your preparation day and consist of three parts. Part 1 will be the identification of resources/methods to be used when reviewing material on Days 2, 3, and 4 (e.g. individual study, study groups, study spaces, office hours, ACE tutoring, etc.). Part II will list the materials gathered and organized for study and review (e.g. notes, study guides, exam reviews, tutorials, handouts, PowerPoints, online resources, etc.). Part III will list any learning strategy templates created to aid the study and review process for the following three days (e.g. concept maps, outlines, diagrams, charts, etc.).
3. Day 2 will begin with a review of the most difficult material; Day 3, a review of moderately difficult material and a brief review of Day 2; and, Day 4 will follow this trend with the material in which you feel the most confident and a review of materials studied on Day 2 and Day 3. (The idea here is to study the most difficult material first and then continue reviewing it the remainder of the study plan. Note: This means you may not necessarily study the material in chronological order.)
4. Days 3 and 4 include “Previous Days’ Review” sections. These sections are to be used to briefly review content from the previous day or days. You are required to self-test on these topics to insure learning mastery. Self-testing allows you to practice retrieving knowledge and will help you with long-term retention.
5. Day 5 should be reserved for one final review day. This day should **not** be used for studying new topics but instead, an overall review of the material covered during Days 2, 3, and 4. This final review day is an opportunity to confirm your knowledge and feel confident going into the exam.
6. The “Topics to be reviewed” column should contain material from your textbooks, lecture notes, assignments, study guides, and any other study materials that were provided to you for exam preparation and review. This will be the same information listed at the top of page 1 in the “Test Topics” section.
7. In the column that asks you to explain how you will study using the learning strategy templates, remember to state what the template is (from your Part III-Create section) and explain **how** it will help you learn the topic or elements of the topic you are studying.
8. The “Estimated Time” column should reflect the amount of time you believe it will take to study/review each topic area.

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| **Preparation and Study Strategies** | | **Review strategies** |
| Create one or more:   * Charts * Diagrams * Timelines * Concept maps | * Hierarchies * Reading Grids * Matrices * Storyboards * Or others… | Recreate learning strategy artifacts without looking at the originals  Explain the information to a partner or study group |
| Prepare your notes:   * Organize notes by topic or chapter * Take notes from the text * Create study guides from your notes   Read through your notes carefully. Look for gaps and incomplete information. Fill it in. | | Work with your notes   * Re-write notes without looking * Reduce notes to the very most important points * Quiz yourself using your study guide * Have someone quiz you using your study guide * Use the Read, Cover, Recite, Check strategy |
| Anticipate test questions   * Write questions in the margins of your notes or text next to where the answers are found in the notes or text * Create a test that includes the kind of questions that will be on the exam (i.e., true/false, definitions, multiple choice) (don’t use the questions in your text) | | Practice your test   * Cover the text, and see if you can answer the questions in the margins * Take your test. Pay particular attention to writing out answers to essay questions |
| Select practice math problems from your text or online. Print them out, leaving space to do the problems | | Solve the problems without looking at your text or notes |
| Prepare material for a tutoring session or study group   * Mark parts of text or your notes that you do not understand * Find math problems that you are having difficulty solving * List topics or concepts that you need to learn | | Participate actively in the tutoring or study group session   * Take new notes that clearly explain difficult material in your own words * Explain in your own words how you do each step of solving math problems. * Verbally “teach” the material to your tutor or study buddies |

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| **Exam Course Number and Name: Test Date/Time:** | | | | | |
| **Test Topics**  *(Begin with the most difficult information on Day 2)* | | | | | |
| **Topics to be reviewed on Day 2 (most difficult):** | | | | | |
| **Topics to be reviewed on Day 3 (moderately difficult):** | | | | | |
| **Topics to be reviewed on Day 4 (least difficult):** | | | | | |
| **DAY 1** | | **Day/Date:** | | | |
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| **Part I:**  **Identify** | |  | | | |
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| **Part II: Organize** | |  | | | |
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| **Part III:**  **Create** | | ***All learning strategy templates mentioned here should be included in days 2, 3, & 4 below*** | | | |
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| **DAY 2** | **Day/Date:** | | | | |
|  | *Topics to be reviewed* | | *Explain how you will study these topics using the templates described in Part III-Create* | *Estimated Time* | |
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| **DAY 3** | **Day/Date:** | | | | |
|  | *Previous Days’ Review* | | *Describe how you will self-test on topics from Day 2* | | *Estimated Time* |
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|  | *Topics to be reviewed* | | *Explain how you will study these topics using the templates described in Part III-Create* | | *Estimated Time* |
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| **DAY 4** | **Day/Date:** | | |
|  | *Previous Days’ Review* | *Describe how you will self-test on topics from Days 2 & 3* | *Estimated Time* |
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|  | *Topics to be reviewed* | *Explain how you will study these topics using the templates described in Part III-Create* | *Estimated Time* |
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| **DAY 5** | **Day/Date:** | |  |
|  | *Explain each of your final review strategies on all of the topics included in your exam (e.g., self-test, individual/group reviews, tutoring, office hours with faculty, assistance from TA’s, etc.)* | | *Estimated Time* |
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